



5 TEAM BUILDING ACTIVITIES YOU SHOULD CONSIDER IN 2019

If you have been asked to organise your next team building event then here are 5 activities you should be considering.

VICTORSFOOD

1

STREET ART CLASS

Street Art Classes are perfect if you're trying to bring your team together around a conference theme or your brand values, using modern street art techniques.

Generally the classes are run by local street artists and involve a creative session where they help you construct the themes and values you want to bring to life. Next, you break into small teams and then start creating.

You're working with the same acrylic paint street artists use and they make it safe by providing aprons, masks and gloves to keep the paint on the canvas and not on you.

You and your team will go from beginner to brainstorming and producing your own piece of street art that can hang proudly in your office.

WHY THIS WORKS

It allows teams to focus on a company values or themes and brings these to life in a way that allows people to get involved. We also like the fact that it creates a visual that lasts well beyond the actual event.

2

BE YOUR OWN MASTERCHEF

We're all in love with food and here's your chance to be your own MasterChef. Using cooking as a team building activity allows you to pick the structure that's right for you and your team, from a gourmet timed event based on MasterChef, complete with professional chef judges, to a two hour tapas test, where teams make and enjoy different tapas at each stop. Some even offer a chocolate only event for those with a sweet tooth.

Each team makes the same dishes in a timed event. Who will get the Mystery Box? Final judging is by Chefs with awards for the winners. But, everyone gets to enjoy the results.

WHY THIS WORKS

Cooking is a really fun, interactive, accessible way of helping your employees work together as a team and develop teamwork skills.

3

MAKE A MUSIC VIDEO

Ever dreamed of making a music video. Come on, just about everyone has. Here's a fun and easy way to create something memorable and fun.

To start with you're placed into teams and you'll pick a musical genre or in some cases a song to base your music video on.

A creative team will then spend some time with you, and your team, to help you create the concept for your video.

Then there's the costumes, the hair and tons of props. Your team will end up with a very funny set of music videos that can be enjoyed later back in the office.

WHY THIS WORKS

This activity really works if you need to get your team working together in a fun, slightly out of the ordinary way and creates something they can look back on.

4

CIRCUS SKILLS WORKSHOP

Here you'll learn to juggle, spin plates and maybe some things you thought you could never do.

Generally, there'll be coaches demonstrating how to use a whole range of circus equipment, from hoops, to devil sticks, through to diabolos. You're exposed to lots of activities and there's usually an opportunity to put on a little show at the end for the team.

WHY THIS WORKS

This is a great choice if you're looking for an activity that requires your team to learn to adapt or change quickly.

5

BUILD A CUBBY HOUSE

This is all about bringing your team together to build a cubby house and then donate it to a charity. Of course, there are directions and it's advisable to appoint a project manager. Try choosing someone who doesn't normally manage a team.

There's always the opportunity to customise your cubby house and put your own personal touches in place. Once your team has completed the cubby house you're ready to donate it to your charity of choice.

WHY THIS WORKS

This is an ideal team building activity if your focus is on social responsibility or when your values or conference is aligned to a charity.