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Cooking up a storm

Staff from freight forwarders BCR Australia have cooked up a storm recently with company-supported cooking classes (pictured, above). In recent months, the company has been running Victors Food “Cook smart to eat well “ classes and staff are taken through a 45-minute cooking class in the boardroom at their office. Dishes have included sushi and Vietnamese rolls. BCR National Customs Manager Andrew Crawford said: “We decided upon this program as a positive teambuilding initiative for our company. Everyone has been working really hard for the past couple of years and we wanted to give something back. We have 55 staff in the Sydney office and we have definitely noticed that the tempo has become a bit more upbeat amongst the group since we started this program. In addition to cooking classes, we have also joined our company to a gym, so we are all feeling great.”



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