



The Sydney Morning Herald
SYDNEY INTERNATIONAL
FOOD festival



August 2009

**Victorsfood Launches 'Hungry For The South Coast'
Tour As Part Of Sydney International Food Festival**

If you can see yourself on a pristine beach or tucking into the freshest oysters imaginable, local wine in hand, then VictorsFood's Hungry for the South Coast Tour is the perfect weekend for you.

Hosted by chef and trainer Victor Pisapia and MasterChef finalist Michelle Darlington, the tour begins at 7.30am on Saturday 31 October. Guests are picked up in Sydney and driven down the coast, via the stunning Sea Cliff Drive, by coach.

First stop: Iconic Berry Woodfired Sourdough Bakery for a caffeine hit and morning tea. You meet and greet the chief baker, legendarily cheerful Joost Hilkeimeijer, who reveals his 'flour +water + salt' sourdough secrets.

Freshly enlightened, you taste some of Joost's wares with local Kangaroo Valley Olive Oil, then you're off to the Treat Factory for a demonstration using the world's finest callebaut chocolate. Last stop before lunch is an organic vegetable farm that supplies all the local restaurants.

Hungry? It's time for lunch with World Champion oyster shucker, Jim from Jim's Wild Oysters. Hoe into fresh Sydney Rock Oysters on the water at Greenwell Point and sip on local vino.

With a full belly, you check in to Bay of Plenty Lodges for a short break, napping, strolling and swimming in the Jervis Bay National Park.

Fully refreshed, you are driven through the bush to The Gunyah restaurant at Paperbark Camp for delicious meal using season produce by celebrity chef John Evans (ex Three Weeds, Sydney).

After a well-deserved sleep-in on Sunday morning, you rejoin the group at 10am and it's off further south to Cupitt's Winery to learn about underground winemaking in the barrel 'cave'. After your educational morning, you are joined by a host of passionate South Coast foodies for a Slow Food '100 Mile' lunch using only locally sourced ingredients.

Late in the afternoon, you head back to Sydney with one last stop at the Crooked River Winery to sample its white port. Doze your way home, arriving back at 7pm.

The first Hungry for the South Coast Tour will take place on the weekend of 31st October – 1st November.

Media Enquiries:

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Cost:

Land content, Twin Share: \$585
Single Supplement: +\$100

For further information about the Hungry for the South Coast Tour call +612 9698 7684 or visit www.victorsfood.com.au

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About VictorsFood

Founded by Chef Victor Pisapia in 2008, VictorsFood is Australia's ultimate food experience company. Our mission is to help people develop individually and interpersonally through food by learning, having fun and eating well. We achieve this mission by creating memorable, interactive culinary experiences like teambuilding, cooking parties, cooking classes, corporate events, international food travel and market tours. We enhance this by sharing our knowledge through food consulting, training, food coaching, demonstrations and presentations. As part of the principle of eating well, VictorsFood encourages the use of sustainable practices in everyday lives by supporting minimal food miles and local growers.

About Sydney International Food Festival

The Sydney Morning Herald's hugely popular Good Food Month is undergoing a facelift this October! The Sydney International Food Festival, presented by Citi, will be the most exciting month of food ever staged in Australia.

With everything from visiting international chefs and celebrities to special dinners in leading Sydney restaurants, plus markets, tours, cooking classes and street festivals, everyone can join the feast. See siff.com.au for the program and to register for regular news and updates.

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